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CHURCH OF CHRIST MISSION
INTEGRATED COMMUNITY SUPPORT
PROJECT.

PROJECT PROPOSAL FOR THE ELDERLY
IN
ADDIS ABEBA ETHIOPIA

June 2024

Concept paper

Legesse Worku

Unaided States Of, America

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1. Project Identification

1.1 Name: **senior Care Center**

1.2.1 Location: **Ethiopia Addis Abeba**

1.3 Types of Beneficiaries: **Senior man and women older people**

1.4 Number of Beneficiaries:

Direct Beneficiary: **500 Highly Vulnerable Elderly**

Indirect Beneficiary: **2000 Community Members**

1.4.1 Implementing Agency: **Church of Christ mission SUPPORT- Ethiopia**

1.5 Contact person:

Behailu Abebe Phone:

Emai

1.6 Project commence: **June 2024**

1.7 Estimated Budget: **(USD) \$2,143,169.60 for the first five years**

2. Executive Summary

2.1 Project Background and Justifications

Ethiopia is situated in the Horn of Africa and with a total area of 1.2 million sq. km, the second most populous nation in the continent with over 120 million people that are endowed with diverse culture, ethnic, & linguistic compositions.

Though basically a poor nation Ethiopia has begun to recover and currently has the biggest economy in East Africa, and its economy is also among the fastest growing ones in the world. The country is divided into nine administrative regional states and two city administrations, constituting over 69 zones and 560 woredas.

However, there remains much to be done in addressing the abject poverty and its multi-faceted expressions in the country. If we were to just focus on the current data pertaining to the conditions of children in the nation, the facts are staggering. About 16% of the populations in Ethiopia are living on less than a dollar per day. Only 65% of households in Ethiopia consume the WHO's minimum standard of food per day (2,200KC) with 42% of senior over 60 years old being

poor. Although living conditions are worse in cities, however, urban related challenges are rampant as well.

About 52.9% of the nation's populations are senior. Due to their very nature elderly are prone to natural and man-made risks and related moral, social, and economic challenges. In Ethiopia in the recent past years, an increased sense of urgency in addressing senior-related social problems both by governmental and non-governmental agencies has been made more visible than ever.

There are about 5 million children that are at risk in Ethiopia. It is also to be noted that the current national plan of the government is to double the total number of children at risk to be addressed by 5000 in 2015. By carefully noting all these efforts as well as considering the future focus of both governmental and non-governmental development actors concerning elderly wellbeing. Church of Christ integrated senior support charity remains confident that this project will significantly contribute to the cause of targeted vulnerable Elderly as outlined in the proposal.

The five-year 'Development & Transformation Plan' gives due attention to the cause of the Elderly in the nation. The holistic development of the elderly generation is clearly stipulated and one example to cite would be the intention to bring the building of new elder centers from 210/Woreda to 601/Woreda. Thus, this shows that proposed project plan will in its own unique way complement the national strategic initiative. It envisaged youth-centered project elements will directly & indirectly contribute to the overall success of the Grand National initiative.

The project intervention area is located within the Addis Abeba City, the project aims to contribute of targeted elderly man & Women by addressing the physiological, psychological, economic, social, and moral needs of the same. As it is stated in the goal statement; the project stands for sustainably impact the lives of 500 Elderly and their parents/caretakers found in the Addis Abeba city through senior sponsorship program. The projected budget amounts proposed for the total 5 years is USD \$ 1,165,840.00

The project will require the construction of a multi-purpose center that will continue to holistically serve the Elderly man and women of the targeted development area for years to come. The basic services of the center will comprise of a library, cafeteria, recreational & sporting facilities, as well as conference & meeting facilities of sponsored Senior and their family and the

rounding community. Qualified professional staff will be part of this project to ensure maximum success.

Implementation strategies will focus on sustainable methods involving cognitive & moral, life skill, and psychosocial development; financial & material provision, primary health & medical care provision of sponsored elderly man and women at the aged of 60 and over.

Resources will be mobilized both from within and without the country through active development partnerships and networking campaigns.

Church of Christ Mission Elder care center (COCMECC) is an International non-governmental humanitarian organization committed to addressing the challenged vulnerable Senior care center. (SCC) strongly believes in participatory and empowering methods while addressing the needs of target groups so that sustainability could be ensured at the completion of any strategic initiative.

2.2 Problem Statement / Description

In Ethiopia, more than 5.4 million Senior over the age of 60 years are found to be mainly due to poverty and lack of care. (Federal HAP, March 2010). rates (women are particularly at risk), high repetition rates, poorness and/or lack of proper care rates are usually common among these groups of senior.

This project area, Addis Abeba city is located at north West side of Addis Ababa, the Capital of Ethiopia, at some distance of 20 km,

This city has eight kebeles and the center of many rural kebeles and villages which are found around the city. So, there are lots of laborer, prostitution and older women of without work. Based on this and other phenomena the city accommodates many poorest of poor women living in under poverty level. The prevalence of HIV/AIDS in the town is at alarming rate reported by the Kebele's health offices. The number of Senior is tremendously increasing. The Elderly of Addis Abeba city is lining with out no support and living very destitute life and engaging themselves to street elderly life. The numbers of full senior known are more than hundreds.

The concentration of poor women depending on supply of fire wood to the city, local alcohol makers and some are commercial sex workers and very vulnerable to HIV/AIDS threat.

This situation contributes significantly to poor nutritional status, increased senior mortality rates especially among older women and a high prevalence poor sanitation and hygiene among the general population. In addition, there is huge burden, especially on women and elderly man in terms of the amount of time and physical effort spent for searching daily bread.

Hence, this community is generally known to have critical problem in areas of senior development means of livelihood, and others. Some part of the problems is those that can be solved by educating and providing information for this community so that they can make efforts to improve their living condition. However, some part of the problem requires outsiders support like elderly sponsorship, organizing women in self help programs, availing microfinance for credit and care and support of abandoned senior through elderly sponsorship.

For interventions, the major problems and needs of the community to solve the vulnerable senior in the town of Addis abeba have been assessed and analyzed jointly with the community and other stakeholders and line departments of the town.

Their problems, causes, effects, and possible solutions have been discussed thoroughly and identified well. As result of this assessment, the following problems were identified and presented according to their prime importance:

- prevalence of abandoned Senior
- Poor livelihood means,
- Shortage of daily basic needs
- Ignorance in HIV/AIDS prevention, care, and support,
- Poor family planning knowledge, Etc,

Being focus on the above problems SCC engage itself to care and support abandoned senior of the city for the next three years and searching possible solutions for sustainable rehabilitation of

these senior through assessment of potential donors and income Generating Activities for the concerned Kebeles to handle the senior in the future.

2 Goals/ General Objective

The goal of this project is to sustainably impact the lives of 500 senior man and women, and their parents/caretakers found in the city of Addis Abeba, through addressing their physical, educational, social, and moral development.

3.1 Project Objectives

- a.** To reach and support the moral, social, and economically needy senior and most vulnerable women those who are living with their parents, immediate families' relatives, and others through senior sponsorship program.
- b.** To constructs senior care center for recreational and entertainment activities and for other training purposes, like motivational class, meeting whole, offices, playing facilities.
- c.** Conduct training on effective skill to motivate and their families, relative and others.
- d.** To avail financial sponsorship for daily living fee, uniform as well as other materials and supplementary health care program provision to 500 extremely needy elderly man and women.
- e.** Provide life skills and moral development training to 500 elderly people throughout the project's time span of three years.
- f.** Conduct training on effective responsible caring skills to male & female parents/caretakers.
- g.** Providing medical expense coverage to vulnerable senior.
- h.** Providing training on personal hygiene as well as distribution of hygienic materials to 500 needy senior and their family.

To construct a multipurpose service providing complex that will directly and indirectly provide educational services to more than 2000 vulnerable community senior women and man throughout the project's life.

3.2 Beneficiaries

The project aims to target primarily poor and vulnerable senior between the ages of 60 to over, found in Addis Abeba city town. The selection of these beneficiaries will be done in close partnership with the town administration and respective Kebele administrations, and other pertinent governmental line offices and community stakeholders; like Woreda, culture & sports offices, local CBOs, parents associations, senior Association clubs, etc.

3.3 Beneficiary Selection Criteria & Process

Since the major target beneficiaries of his project revolve around older women & man due attention will be given to the issues related with selection processes. Major criteria guidelines for the selection of senior beneficiaries are presented below:

- Economically needy (poorest of the poor)
- senior, traumatized, living with caretakers/guardians other than their biological family members.
- senior of single women headed families.
- senior living with their children/caretakers that are partially or totally disabled, refuges, low income, retired, etc.
- Senior with history of mental or some sort of psychological or psycho-emotional challenge
- Senior who has a history of delinquency, sexual and other exploitation and abuse
- Senior with poor academic performance
- Senior who are neglected
- Senior with disabilities

The above major selection guidelines and other additional ones will be used to maximize the selection of beneficiaries for a fair and equitable development intervention.

Different pertinent actors and stakeholders will be allowed to participate in the actual selection process. Representatives from parents committee, local women's, seniors & Community office, CBOs, FBOs, and other local NGOs and woreda & Kebele officials will participate in the selection process.

3.4 Target group/ Beneficiaries

3.4.1 Direct Beneficiaries:

The total number of direct beneficiaries of the project in five years will be more than 500 vulnerable Senior.

3.4.2 Indirect Beneficiaries:

More than 2000 community member will be the primary indirect beneficiaries of the project during its operational lifecycle.

3.5 Project duration

The designed project duration is unlimited period of time.

3.6 Project Activities

- Prepare project document.
- Conduct awareness creating trainings to the elderly family, regarding the importance of elderly program.
- Networking with the State and other officials
- Constructing the elderly center
- Purchase elderly center materials.
- Conducting Stakeholder analysis with the collaboration of other NGO Organization and public service agent.
- Hiring staffs
- Select vulnerable elderly based on the criteria.
- Give supplementary.
- Distributes necessary materials.
- Submit quarterly and annually report to the donors and government!

3.7 Project Outputs

- a. 500 elderly women and men continue their education free of financial constraints and lack of teaching materials.
- b. More than 500 elderlies' lifestyles significantly improve from poor to average and high performance
- c. 200 elderly's/caretakers become equipped in providing correct guidance and caring and taking their physiological, psycho-emotional, moral & ethical, as well as social needs into full consideration.
- d. 500 elderly become joyful and highly involved creative citizens as the result of counseling and mentoring sessions.
- e. 500 elderly become healthy and productive citizens because of getting effective medical services.
- f. 500 elderly women and man develop high preference and practice for personal neatness and hygiene.
- g. More than 2000 community elderly man & women's find unrestricted expression to develop their moral & ethical, cognitive & emotional, social & civic capacities, thus becoming joyfully creative and productive citizens.

4. Project Description

4.1. Location, City, State

The project intervention area is located within the City of Addis Abeba Regenal state.

The project's specific site is in Addis Abeba City,

The project will target constituting In the Addis Abeba City woreda, approximately 5000 inhabitants.

5. Project Inputs

The detailed budget explanation is given in the attached excel sheets. However, for a quick summary of the budget profile information is given in the following table:

5.1 Five Years Budget Distribution

S/N	Expense	Amount (USD)	Percentage	Remark
1	Operational cost	1,979,437.60	85%	
2	Administration cost	163,732.00	15%	
3	Total	2,143,169.60	100%	

5.2 Personnel

At its fullest capacity the project is going to need 12 fulltime professional and skilled program and support staffs. The detailed staff profile explanation table is presented below:

S/N	POSITION	LEVEL OF EDUCATION	EXPERIENCE	No	Nationality
1	Program Manager	BA	Ten Years	1	Decide by the board
2	Partnerships & Communications Coordinator	BA	Five Years	1	
3	HR & Admin. Coordinator	Diploma	Five Years	1	
4	Senior Wellbeing Officer/Counselor	Diploma	Five Years	1	
5	Accountant	Diploma	Five Years	1	
6	Cashier/ Secretary	Diploma	Five Years	1	
7	Driver	3 rd Grade D.L.	Five Years	2	
8	Librarian	Diploma	Three Years	1	
9	Guard/Gardner	Un skilled	Three Years	2	
10	Janitor	Un skilled	Two Years	1	

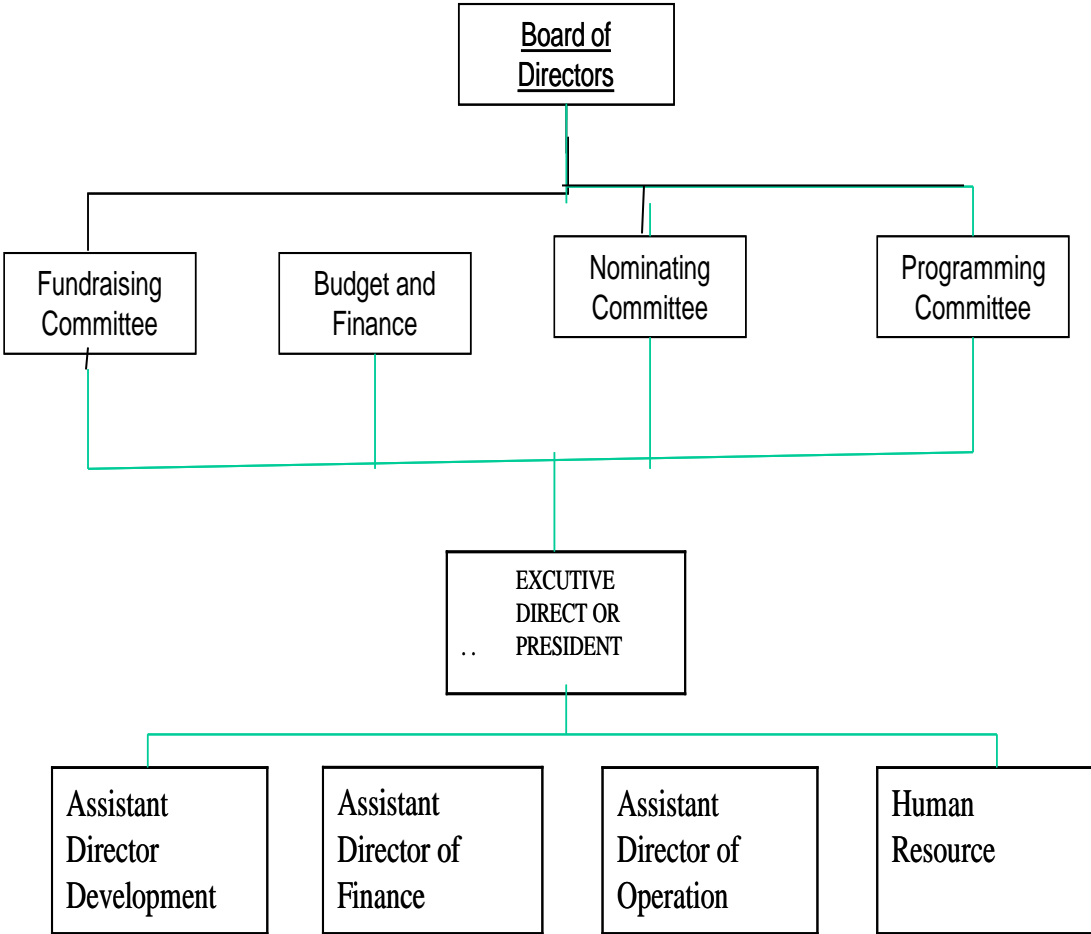
6. Organizational Management

The program manager will be responsible for the overall success of the project, through effective organization of the three coordination units which are in turn supervised by respective coordinators.

The progressive organizational management is expected to develop throughout the project's life and will have the following overall structural design:

6.1 Organizational Structure

SCC Organizational Chart



7. Monitoring, Evaluation, & Reporting Plan

7.1 Monitoring

An assessment of target beneficiaries will be undertaken using various data collection means, primarily questionnaire will be in place in our case. Basic historical data of elderly people & Resident beneficiaries will be systematically documented for easy referencing. The monitoring process will also use activity indicators that would be stipulated in monthly, quarterly and annual targets to be accomplished. Ongoing monitoring through day to day follow up, progress reports, conferences and periodic review meetings that would make measurement of the physical performances (quantity and quality of the work done), budget utilization, as well as correlation of performance with the plans and timetable set will be given due attention. Monitoring will be carried throughout the implementation process of the plan at different levels as well.

7.2 Evaluation

Evaluation will be conducted twice for the entire plan period with the usual collaboration of community representatives, donor partners, parents committee, local elderly, women's & men, and other local NGOs and administrations. An interim evaluation will be conducted in the midterm whereas the final evaluation will be undertaken at the end of the five-year plan.

Project financial audit will be conducted by a certified auditor annually.

7.3 Reporting

Monthly and quarterly reports, project field visits and discussion with pertinent stakeholders and partners as well as discussion proceedings with direct and indirect beneficiaries. The reporting will be based on regular monitoring indicators, regular intervals and analysis of performance leading to management (implementation recommendations). The reporting will include both activity as well as financial performance reports.

8. Expected outcome

a. Short term

- Successful learners
- Enriched Community
- Appropriate materials provided to the beneficiaries.
- Recommendations for the future

b. Long term

- Selected Beneficiaries use their knowledge, attitude, and skills to enrich and empower their communities by utilizing fully the opportunities and potential for improving their quality of life.
- A sustainable program that can be used in other parts of the community.

9. Assumptions & Risks

9.1 Assumptions

- The vision will be shared with all staff at all levels.
- There will be political stability and good will cooperation from all pertinent governmental, nongovernmental, and civic institutions.
- Stakeholders and collaborators will remain strong and interactive so that there will be some means of coordination to facilitate the effort of different institutions those, which are working with the community towards the achievement of the objectives.
- Donor's support will increase and continue as expected and various supports, including budget from donors and different collaborators will be released and made available at required time.
- Capacity building effort of the community will continue to grow and make the community empowered.

- Host communities will participate at all levels of the development activities and insure responsibility and accountability for the overall management and sustainability of the project.
- Interdependent partnership with the community will grow.
- Timely employment and appropriate capacity building of qualified staff will be conducted smoothly.
- Exemplary servant leadership style and effective management will be always maintained and levels of the organization.

9.2 Risks

In implementing these three years strategic plan, the following risks might occur and create a potential danger by impeding timely and effective expedition of program activities:

- High inflations that fluctuate globally.
- Shortage of finance to implement the plan.
- Intermittent and sometimes insufficient funds due to various reasons, mainly price fluctuations.
- Slow response and or fear of change factor of communities and stakeholders
- Indifferent attitude of stakeholders and communities' due to dependency syndrome factor.
- The recurrent poverty and poor livelihood opportunity that deteriorate the capacity of the community.

9.3 Sustainability & Phase out Strategy

The success of sustainability of any given project must be noted right from the very beginning or inception. As a result, **SCC** is committed to making the impacts and desired results of the project last long by ensuring interdependent partnership with all the concerned stakeholders and as well as beneficiaries.

The selected intervention and or implementation strategies show that the major focus is on the personal development of elderly, which in turn demonstrates to us clearly that the personal transformation is going to happen within these precious target groups making it life-lasting and thus sustainable.

The project life will continue for the coming three years, with a possible extension of another three years based on the overall final project evaluation outcome. Based on these terminal findings, further adjustments for ensuring future sustainability with similar extension of envisaged implementation of another project could become visible.

The project is intended to serve in the senior and resident of elderly man and women’s and planned to start in December 2024. Accordingly, after due consideration to the terminal evaluation feed backs the project will be handover to Church of Christ Mission -----
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10. Appendix

I. Activity Details

II. Budget Template